

ZC 2026: Session: 6: COACH evaluation sheet for TEAM: WST

Coachinfo: Warming up from: 13:00 until 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Mertens Wenke

Coaches: Fobelets Jos

Coaches: Van de Weyer Rune

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

| Event number: 48: 100M FREESTYLE MEN 13-14 | | Heat:3, starttime: 14:04 |
|---|-------------|--|
| Heat: 3/12 Lane : 1 Athlete: MERTENS GIJS | | Q-time: 01:19:21 |
| PB (50m pool): 01:19.21 SportinGenk Park 06/04/2026 | | PB (25m pool): 01:17.12 SB: 01:19.21 SportinGenk Park 06/04/2026 |
| | 50 M | 100 M |
| PB | 00:37.46 | 01:19.21 |
| | 00:37.46 | 00:41.75 |
| | | |

Coach feedback:

| Event number: 48: 100M FREESTYLE MEN 13-14 | | Heat:5, starttime: 14:08 |
|---|-------------|---|
| Heat: 5/12 Lane : 6 Athlete: CEUPPENS VINCE | | Q-time: 01:13:95 |
| PB (50m pool): 01:12.31 Mol 28/06/2026 | | PB (25m pool): 01:12.75 SB: 01:12.31 Mol 28/06/2026 |
| | 50 M | 100 M |
| PB | 00:35.93 | 01:12.31 |
| | 00:35.93 | 00:36.38 |
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Coach feedback:

| Event number: 50: 50M BREASTSTROKE MEN 15+ | | Heat:5, starttime: 14:47 |
|--|-------------|---|
| Heat: 5/8 Lane : 2 Athlete: LAUREYS MILAN | | Q-time: 00:36:75 |
| PB (50m pool): 00:36.75 Antwerpen 15/03/2026 | | PB (25m pool): 00:36.70 SB: 00:36.75 Antwerpen 15/03/2026 |
| | 50 M | |
| PB | 00:36.75 | |
| | 00:36.75 | |
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Coach feedback:

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|--|-------------|---------------------------------|--|
| Event number: 53: 50M BUTTERFLY WOMEN 15+ | | Heat:7, starttime: 15:28 | |
| Heat: 7/11 Lane : 4 Athlete: VAN WAELDEREN HANNE | | Q-time: 00:34:40 | |
| PB (50m pool): 00:34.40 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 00:34.13 SB: 00:35.28 SportinGenk Park 06/04/2026 | | | |
| | 50 M | | |
| PB | 00:34.40 | | |
| | 00:34.40 | | |
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Coach feedback:

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|---|-------------|---------------------------------|--|
| Event number: 54: 50M BUTTERFLY MEN 13-14 | | Heat:1, starttime: 15:34 | |
| Heat: 1/7 Lane : 6 Athlete: MERTENS GIJS | | Q-time: 00:49:89 | |
| PB (50m pool): 00:49.89 SportinGenk Park 06/04/2026 PB (25m pool): no time SB: 00:49.89 SportinGenk Park 06/04/2026 | | | |
| | 50 M | | |
| PB | 00:49.89 | | |
| | 00:49.89 | | |
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Coach feedback:

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|--|-------------|---------------------------------|--|
| Event number: 54: 50M BUTTERFLY MEN 13-14 | | Heat:2, starttime: 15:36 | |
| Heat: 2/7 Lane : 5 Athlete: CEUPPENS VINCE | | Q-time: 00:41:07 | |
| PB (50m pool): 00:41.07 Wezenberg 01/02/2026 PB (25m pool): 00:41.76 SB: 00:41.07 Wezenberg 01/02/2026 | | | |
| | 50 M | | |
| PB | 00:41.07 | | |
| | 00:41.07 | | |
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Coach feedback:

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|---|-------------|--------------|--------------|---------------------------------|--|
| Event number: 56: 200M BREASTSTROKE MEN 15+ | | | | Heat:4, starttime: 16:12 | |
| Heat: 4/5 Lane : 1 Athlete: LAUREYS MILAN | | | | Q-time: 02:56:61 | |
| PB (50m pool): 02:56.61 Antwerpen 13/07/2025 PB (25m pool): 02:52.33 SB: 03:03.32 SportinGenk Park 24/05/2026 | | | | | |
| | 50 M | 100 M | 150 M | 200 M | |
| PB | 00:40.86 | 01:26.58 | 02:12.76 | 02:56.61 | |
| | 00:40.86 | 00:45.72 | 00:46.18 | 00:43.85 | |
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Coach feedback: